

Thank you so much for considering booking 'The Middle' package! This writing package is designed to take you from the 'murky middle' of your novel to the end, with coaching and editing help along the way. It's like hiring a personal trainer for your specific novel. Let's dig into the package and break it down so you can see what we'll do together.

Week 1: Preliminary Stage

Pre-Read Call (1 hour)

First of all, we'll schedule a 1-hour Zoom call to discuss your novel. This gives you the opportunity to talk to me about what you have written and enables me to understand what your aims are ahead of my reading your work.

We'll also talk about the narrative structure, characters, plot, and any specific struggles you are facing while writing. This will help me understand how I can help you move forward.

Weeks 2-3: Reading and Review

Reading Period (2 weeks)

After our pre-read call, you will send me your work to date for review.

During this time, a workbook will be provided to guide you through strategies and exercises to navigate alongside coaching. This workbook will help you remember what is discussed in calls, break down goals, and include writing craft help.

The review period is your opportunity to take a breath, go through your workbook, and think about what you would like to work on over the following weeks.

Week 4: Initial Feedback Session

2-Hour Feedback Session

Next, we'll book a 2-hour Zoom call. During this time, I'll provide detailed feedback on the submitted work, including going through in-text commentary to review my edits.

If needed, I will address plot issues, character development, pacing, and any other areas requiring improvement.

We will also discuss strategies to overcome hurdles in reaching the end and ensure that reader expectations are understood.

We will discuss the structure of the remaining weeks, including going through a planner to make sure that the goals fit in with your life. We will look at building a writing routine that works specifically for you and this project – after all, writing a novel is hard work, but it's meant to be fun, too.

Weeks 5-14: Ongoing Support

Bi-weekly Sessions & Weekly Check Ins

Next, we will schedule recurring 1-hour Zoom calls every two weeks to check progress and discuss challenges. I will provide guidance, including advice on the writing process, story development, and overcoming creative blocks.

You will send me new chapters every week we don't have a Zoom call so that I can provide detailed feedback. These will be reviewed and discussed in the bi-weekly sessions.

You won't be left alone to cope! We will check in every week via email, whether we have a call or not, so that I can provide support, answer questions, and offer encouragement.

End of 14 Weeks

Final Assessment

We'll evaluate the progress you've made together and discuss the completion of your first draft, providing any last-minute guidance or recommendations.

This structured package offers both coaching and editing support and is aimed at guiding you through the challenging middle phase of your novel. It's designed to facilitate your progress, enhance your understanding of crucial storytelling components, and leave you with a solid first draft by the end of the 14-week period. This programme will take you from confused to confident, from overwhelmed to resilient. You will discover your literary strengths and turn into a writer who understands the writing process and feels empowered by their creativity.

[BOOK A CALL TO CHAT](#)